

STATE: MINNESOTA  
Effective: April 1, 2002  
TN: 02-16 SEP 20 2002  
Approved:  
Supersedes: 02-07

ATTACHMENT 3.1-A  
Page 54i

---

13.d. Rehabilitative services. (continued)

5. Services provided by volunteers.
6. Direct billing of time spent "on call" when not providing services.
7. Provider service time paid as part of case management services.
8. Outreach services, defined on page 54e.

Rehabilitative services provided for **chemical abuse** are limited to:

- (1) **Primary rehabilitation program:** A licensed chemical dependency rehabilitation program that provides intensive, primary therapeutic services to clients who do not require detoxification. Primary rehabilitation programs provide at least 30 hours a week per client of chemical dependency services including group and individual counseling, and other services specific to chemical dependency rehabilitation.
- (2) **Outpatient rehabilitation program:** A program of at least 10 hours of therapy/counseling, including group, collateral, and individual therapy/counseling and may be provided to a recipient while the recipient resides in a supervised living facility, board and lodging facility, or the recipient's own home.
- (3) **Extended rehabilitation program:** A licensed chemical dependency rehabilitation program that offers extended, long term in-house chemical dependency services. An extended rehabilitation program provides an average of 15 hours a week per client of chemical dependency services including group and individual counseling, client education, and other services specific to chemical dependency rehabilitation.
- (4) **Transitional rehabilitation program:** A licensed chemical dependency rehabilitation program that is offered in a transitional semi-independent living arrangement with an emphasis on aftercare and securing employment. A transitional rehabilitation program provides at least five hours a week per client of rehabilitation services that may include group

STATE: MINNESOTA  
Effective: April 1, 2002  
TN: 02-16 SEP 20 2002  
Approved:  
Supersedes: 02-07

ATTACHMENT 3.1-A  
Page 54j

---

13.d. Rehabilitative services. (continued)

counseling, employment counseling, and individual counseling.

Collateral counseling involves counseling provided directly or indirectly to the recipient through the involvement of the recipient's or significant others in the counseling process. Presence of the recipient in the counseling sessions is not necessarily required. However, when the recipient is present, reimbursement for collateral counseling and individual or group counseling for the same session is not allowed.

Rehabilitative services must be restorative or specialized maintenance therapy services and include medical treatment and physical or psychological therapy. These services are limited to services provided under the recommendation of a physician and must be a part of the recipient's plan of care.

Provider eligibility is limited to programs licensed by the Department of Human Services under Minnesota Rules, parts 9530.4100 through 9530.4450 (Rule 35) and Minnesota Rules, parts 9530.5000 through 9530.6400 (Rule 43) or the American Indian programs, that if located outside of the federally recognized tribal lands would be required to be licensed.

**Rehabilitative restorative and specialized maintenance physical therapy, occupational therapy, and speech, language and hearing therapy services.**

Coverage is limited to services within the limitations provided under Items 11.a. to 11.c., Physical therapy services, Occupational therapy services, and Speech, language and hearing therapy services (provided by or under the supervision of a speech pathologist or audiologist), except:

- 1) Services that are provided by a rehabilitation agency that take place in a sheltered workshop in a day training and habilitation center or a residential or group home that is an affiliate of the rehabilitation agency are not covered.
- (2) Social and vocational adjustment services are not covered, but must be provided as an unreimbursed adjunct to the covered services.

STATE: MINNESOTA

ATTACHMENT 3.1-A

Effective: April 1, 2002

Page 54k

TN: 02-16

Approved: SEP 20 2002

Supersedes: 02-07

---

13.d. Rehabilitative services. (continued)

Covered **respiratory therapy services** are those prescribed by a physician and provided by a qualified respiratory therapist.

**EPSDT rehabilitative services identified in either an Individualized Family Service Plan or an Individualized Education Plan under the Individuals with Disabilities Education Act (IDEA)** and provided to children with IFSPs or IEPs during the school day.

Covered services include: IFSP or IEP evaluations that are medical in nature and result in IFSPs or IEPs, or determine the need for continued services; speech, language and hearing therapy services; mental health services; physical and occupational therapy; and assistive technology devices, and

Covered services also include nursing services that are essential and adjunctive to the above services, such as catheterization, suctioning, tube feedings, medication administration and management, and ventilator care. Nursing services also includes complex or simple medication administration. Medication administration must be related to a child's disability and included in an IFSP or IEP for treatment of the identified disability.

- Simple medication administration is an exception to the requirement in the following paragraph that EPSDT rehabilitative services identified in an IFSP or IEP must be services otherwise covered in this Attachment.

The services must meet all the requirements otherwise applicable if the service had been provided by a qualified, enrolled provider other than a school district, in the following areas: a covered service, medical necessity, documentation, personnel qualifications, and invoicing and prior authorization requirements.

Appropriate nursing services must be provided pursuant to a physician's order. All other services must be provided pursuant to an order of a licensed practitioner of the healing arts.

Covered services must be furnished by the following personnel:

- (1) Audiologists meeting the requirements in 42 CFR Part 440.110.
- (2) Occupational therapists meeting the requirements in 42 CFR Part 440.110.

STATE: MINNESOTA

ATTACHMENT 3.1-A

Effective: April 1, 2002

Page 541

TN: 02-16 SEP 20 2002

Approved:

Supersedes: 02-07

---

---

13.d. Rehabilitative services. (continued)

- (3) Physical therapists meeting the requirements in 42 CFR Part 440.110.
- (4) Speech-language pathologists:
  - (a) meeting the requirements in 42 CFR Part 440.110;
  - (b) who hold a masters degree in speech-language pathology; and
  - (c) who are licensed by the state as ~~educational~~ speech-language pathologists.
- (5) Mental health professionals as defined in item 6.d.A.
- (6) Mental health practitioners practicing under the supervision of mental health professionals who:
  - (a) hold a bachelor's degree in one of the behavioral sciences or related fields from an accredited college or university and:
    - ~~(i) have at least 2,000 hours of supervised experience in the delivery of mental health services to children; or~~
    - ~~(ii) are fluent in the non-English language of the ethnic group to which at least 50 percent of the practitioner's clients belong, complete 40 hours of training in the delivery of services to children, and receive clinical supervision from a mental health professional at least once a week until the requirement of 2,000 hours of supervised experience is met,~~
  - (b) have at least 6,000 hours of supervised experience in the delivery of mental health services to children;
  - (c) are graduate students in one of the behavioral sciences or related fields and are formally assigned by an accredited college or university to an agency or facility for clinical training; or

STATE: MINNESOTA  
Effective: April 1, 2002  
TN: 02-16  
Approved: SEP 20 2002  
Supersedes: 02-07

ATTACHMENT 3.1-A  
Page 54m

---

13.d. Rehabilitative services. (continued)

- (d) hold a master's or other graduate degree in one of the behavioral sciences or related fields from an accredited college or university and have less than 4,000 hours post-master's experience in the treatment of emotional disturbance.

Mental health practitioners cannot provide psychological testing or diagnostic assessments.

- (7) Mental health behavioral aides as defined in item 4.b., pages 17q-17r working under the direction of either mental health professionals or mental health practitioners under the clinical supervision of mental health professionals.
- (8) Physicians who have a current Minnesota license as a physician.
- (9) Registered nurses and licensed practical nurses who have a current Minnesota license as registered nurses or practical nurses.

---

13.d. Rehabilitative services.

**Rehabilitative services** are limited to:

- (1) Except as otherwise noted, services provided under the recommendation of a physician. The therapeutic treatment must be a part of the recipient's plan of care; and
- (2) Services that are medically necessary and the least expensive, appropriate alternative.

**Mental health rehabilitative services** are the following:

- Coverage of **day treatment services for mental illness** is limited to:
  1. Services recommended by a psychiatrist, licensed psychologist, licensed independent clinical social worker, registered nurse with certification as a clinical nurse specialist in psychiatric and mental health nursing or a master's degree in nursing or one of the behavioral sciences or related fields, with at least 4,000 hours of post-master's supervised experience; licensed psychological practitioner; or licensed marriage and family therapist with at least two years of post-master's supervised experience.
  2. Services supervised by an enrolled psychiatrist or other mental health professional listed in item 6.d.A.
  3. Services provided in or by one of the following:
    - A. Joint Commission on the Accreditation of Healthcare Organizations approved outpatient hospital;
    - B. Community Mental Health Center;
    - C. County contracted day treatment provider.
  4. Services provided up to 15 hours per week.

STATE: MINNESOTA  
Effective: April 1, 2002  
TN: 02-16  
Approved: SEP 20 2002  
Supersedes: 02-07

ATTACHMENT 3.1-B  
Page 53a

---

13.d. Rehabilitative services. (continued)

- **Mental health community support services** are recommended by a mental health professional defined in item 6.d.A. after a diagnostic assessment and a functional assessment. They are provided pursuant to an individual treatment plan, written by a mental health professional or by a mental health practitioner defined on pages 531-53m under the clinical supervision of a mental health professional.

The services are provided on a one-to-one basis or in a group in a recipient's home, a relative's home, school, place of employment, or other community setting.

The following are eligible to provide mental health community support services:

1. An entity certified by the Department and operated by a county.
2. An entity certified by its host county.

**Provider Qualifications and Training**

1. A mental health practitioner must receive ongoing continuing education training as required by the practitioner's professional license; or, if not licensed, a mental health practitioner must receive ongoing continuing education training of at least 30 hours every two years in areas of mental illness and mental health services.
2. A mental health rehabilitation worker must:
  - A. Be at least 21 years of age;
  - B. Have a high school diploma or equivalent;
  - C. Have successfully completed 30 hours of training during the past two years covering recipient rights, recipient-centered individual treatment planning, behavioral terminology, mental illness, co-occurring mental illness and substance abuse, psychotropic medications and side effects, functional assessment, local community resources, adult vulnerability, and recipient confidentiality; and

STATE: MINNESOTA  
Effective: April 1, 2002  
TN: 02-16  
Approved: SEP 02 2002  
Supersedes: 02-07

ATTACHMENT 3.1-B  
Page 53b

---

13.d.      Rehabilitative services.      (continued)

D.      Meet the qualifications in (1) or (2) below:

- (1)      Have an associate of arts degree in one of the behavioral sciences or human services, be a registered nurse without a bachelor's degree, or within the previous ten years:
  - (a)      Have three years of personal life experience with serious and persistent mental illness;
  - (b)      Have three years of life experience as a primary caregiver to a person with a serious mental illness or traumatic brain injury; or
  - (c)      Have 4,000 hours of supervised paid work experience in the delivery of mental health services to persons with serious mental illness or traumatic brain injury; or
- (2)      (a)      Be fluent in the language or competent in the culture of the ethnic group to which at least 50 percent of the mental health rehabilitation worker's clients belong;
- (b)      Receive monthly individual clinical supervision by a mental health professional during the first 2,000 hours of work. Supervision must be documented;



STATE: MINNESOTA  
Effective: April 1, 2002  
TN: 02-16 SEP 20 2002  
Approved:  
Supersedes: 02-07

---

ATTACHMENT 3.1-B  
Page 53c

13.d. Rehabilitative services. (continued)

- (c) Have 18 hours of documented field supervision by a mental health professional or mental health practitioner during the first 160 hours of contact work with recipients and at least six hours of field supervision quarterly during the following year;
  - (d) Have review and cosignature of charting of recipient contacts during field supervision by a mental health professional or mental health practitioner; and
  - (e) Have 40 hours of additional continuing education on mental health topics during the first year of employment.
- E. Receive ongoing continuing education training of at least 30 hours every two years in areas of mental illness and mental health services and other areas specific to the population being served.

**Components of Mental Health Community Support Services**

A mental health professional, a mental health practitioner under the clinical supervision of a mental health professional, and a mental health rehabilitation worker under the direction of a mental health professional or mental health practitioner and under the clinical supervision of a mental health professional must be capable of providing the following two components:

1. Basic living and social skills, which may include:
  - A. Communication skills.
  - B. Budgeting and shopping skills.
  - C. Healthy lifestyle skills.
  - D. Household management skills.

STATE: MINNESOTA  
Effective: April 1, 2002  
TN: 02-16  
Approved: SEP 20 2002  
Supersedes: 02-07

ATTACHMENT 3.1-B  
Page 53d

---

13.d.      Rehabilitative services.      (continued)

- E.      Transportation skills.
- F.      Medication monitoring.
- G.      Crisis assistance skills, including relapse prevention skills and developing a health care document.

- 2.      Consultation with relatives, guardians, friends, employers, treatment providers, and other significant people, in order to change situations and allow the recipient to function more independently. The consultation must be directed exclusively to the treatment of the recipient.

A physician, pharmacist and registered nurse must be capable of providing medication education. Medication education includes training the recipient in the symptoms of mental illness, discussing the benefits and side effects of psychotropic medication, and discussing the importance of medication compliance. Medical education enables the recipient to better manage the symptoms of mental illness, allowing the recipient to return to independent functioning with less chance of relapse.

The services below are not eligible for medical assistance payment as mental health community support services:

- 1.      Recipient transportation services.
- 2.      Services billed by a nonenrolled Medicaid provider.
- 3.      Services provided by volunteers.
- 4.      Direct billing of time spent "on call" when not providing services.
- 5.      Job-specific skills services, such as on-the-job training.
- 6.      Performance of household tasks, chores, or related activities for the recipient.
- 7.      Provider service time paid as part of case management services.